

## **WEEK 1 MENU**

WEEKS: 03/11, 24/11, 15/12, 19/01, 09/02, 09/03





Homemade macaroni cheese MAIN MEAL

served with Homemade tomato bread & roasted Mediterranean vegetables

MONDAY

Homemade beef chilli taco

**TUESDAY** 

served with savoury vegetable Rice

WEDNESDAY

Roast Chicken served with Potatoes. Yorkshire pudding, carrots, cauliflower And gravy

Minty crispy topped Shepherd's Pie served with Seasonal vegetable

**THURSDAY** 

Burger in a bun served with chips, garden peas or baked beans & ketchup

**FRIDAY** 

MEAT FREE

Cauliflower & chickpea korma served with rice, naan bread fingers & seasonal vegetables

Homemade bean chilli taco served with savoury vegetable

Cheese & potato Pie served with Yorkshire pudding, carrots, cauliflower And gravy

Minty crispy topped Shepherdess's Pie served with Seasonal vegetable

Vegetable nuggets served with chips, garden peas or baked beans & ketchup

PASTA & JACKETS

Jacket potato with choice of toppings served with Fresh salad

Pasta twists with Homemade tomato and vegetable sauce served with fresh salad

Jacket potato with choice of toppings served with Fresh salad

Pasta twists with cheddar cheese sauce with fresh salad

Jacket potato with choice of toppings served with Fresh salad

**DESSERTS** 

Fresh fruit pot, Cheese and crackers Natural yogurt with healthy toppings.

Fresh fruit pot Natural yogurt with healthy toppings

Fresh fruit pot, Jelly Natural yogurt with healthy toppings

Fresh fruit pot Natural yogurt with healthy toppings

Apple crumble with Fresh fruit pot



## **WEEK 2 MENU**

**TUESDAY** 

WEEKS: 10/11, 01/12, 05/01, 26/01, 16/02, 16/03





**FRIDAY** 

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MAIN MEAL	Margherita wholemeal pizza served with baked potato wedges, peas & sweetcorn	Greek Style chicken shawarma in a pitta bread served with warm cous cous	Roast turkey served with roast Potatoes, carrots, broccoli, Yorkshire pudding and gravy	Sticky Asian meatballs served with egg fried vegetable Rice	Breaded fish fingers served with chips, garden peas or baked beans & ketchup
MEAT FREE	Traffic Light wholemeal pizza served with baked potato wedges, peas & sweetcorn	Greek style vegetable Shawarma in a pitta bread served with warm cous cous	Baked lentil Road served with roast potatoes, carrots, broccoli, Yorkshire pudding and gravy	Sticky Asian vegetarian meatballs served with egg fried vegetable Rice	Fishless fish fingers served with chips, garden peas or baked beans & ketchup

PASTA & JACKETS

Jacket potato with choice of toppings served with Fresh salad

MONDAY

Pasta twists with Homemade tomato and vegetable sauce served with fresh salad Jacket potato with choice of toppings served with Fresh salad

WEDNESDAY

Pasta twists with cheddar cheese sauce with fresh salad

**THURSDAY** 

Jacket potato with choice of toppings served with Fresh salad

**DESSERTS** 

Fresh fruit pot , Cheese and crackers Or Natural yogurt with healthy toppings. Fresh fruit pot Or Natural yogurt with healthy toppings Fresh fruit pot ,
Jelly
Or
Natural yogurt with
healthy toppings

Fresh fruit pot Or Natural yogurt with healthy toppings Or Fresh fruit pot



healthy toppings.

## **WEEK 3 MENU**

WEEKS: 17/11, 08/12, 12/01, 02/02, 02/03, 23/03



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN MEAL	Cheese & tomato Swirl served with savoury vegetable Rice	Jerk marinated chicken thigh served with rice & beans	Chicken Sausage roast served with mashed Potatoes, carrots, cabbage, Yorkshire pudding and gravy	Beef Bolognese Served with Spaghetti, Whole Meal Garlic & Herb bread, Seasonal Vegetable	Sausage and chips served with peas or beans
MEAT FREE	Chinese stir fry vegetables served with Noodles	Jerk sweet potato & black bean served with Rice & Bean Stew	Quorn Sausage roast served with mashed potatoes, carrots, cabbage, Yorkshire pudding and Gravy	Plant Based Bolognese Served with Spaghetti, Whole Meal Garlic & Herb bread, Seasonal Vegetable	Vegetarian sausage served with chips, beans or peas
PASTA & JACKETS	Jacket potato with choice of toppings served with Fresh salad	Pasta twists with Homemade tomato and vegetable sauce served with fresh salad	Jacket potato with choice of toppings served with Fresh salad	Pasta twists with cheddar cheese sauce with fresh salad	Jacket potato with choice of toppings served with Fresh salad
DESSERTS	Fresh fruit pot , Cheese and crackers Or Natural yogurt with	Fresh fruit pot Or Natural yogurt with healthy toppings	Fresh fruit pot , Jelly Or Natural yogurt with	Fresh fruit pot Or Natural yogurt with healthy toppings	Chocolate courgette cake Or Fresh fruit pot

healthy toppings