

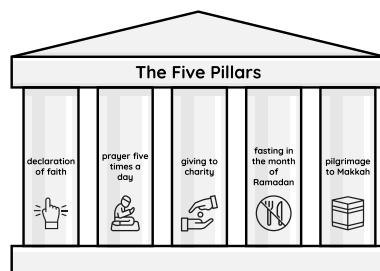


R&W - Where do we get our morals from?

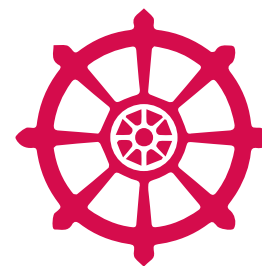
covenant*	A promise or agreement.	observance	Obeying a law or following religious guidance.
Golden Rule	An important rule or guidance linked to an organised worldview.	reasoning*	Thinking something through.
guidance*	Advice about how to do something or for when making a decision.	restrictive	Limiting something.
morals*	Beliefs about what is right and wrong.	Ten Commandments*	Rules that some people believe to be given from God.



A prayer shawl is a special garment, often worn during prayer. Many Jewish people wear a tallis which has fringes (tzitzit) to remind them of the 613 mitzvot.



Many Muslim people try to focus on the Five Pillars, a set of acts showing commitment to God and care to others.



Following the Buddha's teachings helps many Buddhists make good moral decisions to become kinder, more peaceful and happier.



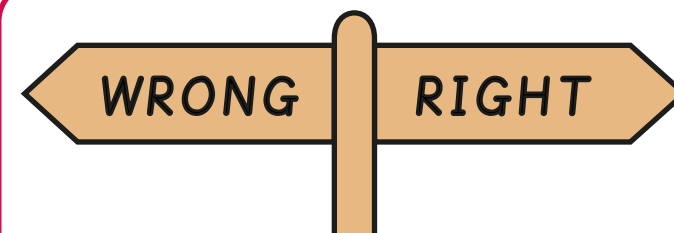
Humanists focus on a happy and fulfilled life and follow the Golden Rule which is to treat others as you would like to be treated.



The mitzvot include the Ten Commandments which many Jewish and Christian people believe God gave to Moses.



The Yama and Niyama are part of Hindu guidance. There are five things to try to avoid doing and five things to try and do more.



Guidance and rules help people to make decisions about what is right and wrong. Morals help people make decisions about how to apply and follow rules and guidance.