


SOUTH BERMONDSEY ROTHERHITHE ELLEN BROWN PILGRIMS' WAY

South Bermondsey Best Start Family Hub





Monday	Tuesday	Wednesday	Thursday	Friday	PARENTING COURSES
<p>STAFF TRAINING 13th April 2026 NO SERVICES</p> <p>Bank Holiday – closed 4th May 2026 25th May 2026</p>	<p>Chattertime 1 year – 5 years 10:00am – 11:30am South Bermondsey</p>  <p>14th April 2026 and every Tuesday until 19th May.</p> <p>Meet a speech and language therapist and practice general communication strategies with your child.</p>	<p>Southwark Housing Advice Clinic 9:00am – 4:00pm South Bermondsey 8th April 2026 13th May 2026</p> <p>For more details and to book a place please email familyhub@pilgrimsway.southwark.sch.uk</p> <p>Introducing Aaron Lambert Family Community Work Coaching – Department of Works & Pension.</p> <p><i>'Aaron Lambert is available to speak about going back to work, Universal Credit enquiries, claiming the right benefits. He will be popping into groups or speak with a member of the team to arrange an appointment to speak with him.'</i></p>	<p>7TH MAY 2026 LOCAL ELECTIONS ALL CENTRES CLOSED</p>	<p>Adolescent Sure Start Team Drop In 11+ years 2:30pm to 5:00pm South Bermondsey Every week</p> <p>Citizen Advice Advisor 10:00am to 4:00pm South Bermondsey Email to book an appointment familyhub@pilgrimsway.southwark.sch.uk or call 0207 358 2878</p>	<p>SEND Parenting Support Group BOOKING ONLY</p> <p>Email to book your place familyhub@pilgrimsway.southwark.sch.uk</p> <p>'Welcome to Parenthood' Support Group BOOKING ONLY</p> <p>Email to book your place familyhub@pilgrimsway.southwark.sch.uk</p> <p>Dates and venue to be confirmed.</p>


Rotherhithe

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>STAFF TRAINING 13th April 2026 NO SERVICES</p> <p>Little Explorers 12 – 18 months Rotherhithe 10:00am – 11:30am</p> <p>Bank Holiday – closed 4th May 2026 25th May 2026</p>	<p>Tiny Moments – Baby Group 0-12 months Rotherhithe 1:30pm – 2.45pm</p>	<p>Play Together (Twin & Triplet group) 0-3 years Rotherhithe 10:00am – 11:30am</p>	<p>Breastfeeding Café Infant Feeding Drop in Rotherhithe 10:00am – 12 noon</p> <p>7TH MAY 2026 LOCAL ELECTIONS ALL CENTRES CLOSED</p> <p>Walk & Talk in a group @ Southwark Park WEATHER PERMITTING</p> <p>Meet outside Rotherhithe Children and Family Centre</p> <p>1:30pm – 2:30pm</p>	<p>Baby Boogie Mites 0-12 months Rotherhithe 10:00am – 10:45am</p> <p>Toddler Boogie Mites 12 months – 24 months Rotherhithe 11:30am – 12:15pm</p>	<p>'Welcome to Parenthood' Support Group 0-12 months Rotherhithe 10:00am – 12:00 noon BOOKING ONLY – FULL</p> <p>25th April 2026 2nd May 2026 9th May 2026 16th May 2026 23rd May 2026</p> <p>Email to book your place familyhub@pilgrimsway.southwark.sch.uk</p> <p>Sunday</p> <p>Junior Park Run every Sunday – 9am 4 years – 11 years Free, fun and friendly 2K run in the park. Spethwark Park, Gomm Road, SE16 2TX. southwarkjuniors@parkrun.com</p>

Ellen Brown

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Early Words Together 5-week workshop 2 – 3 years 10:00am – 11:00am Ellen Brown 20th April 2026 27th April 2026 11th May 2026 18th May 2026 1st June 2026</p> <p>Baby Boogie Mites 0-12 months Ellen Brown 11:30am – 12:15 noon</p> <p>STAFF TRAINING 13th April 2026 NO SERVICES</p> <p>Bank Holiday – closed 4th May 2026 25th May 2026</p>	<p>Tiny Moments – Baby Group 0-12 months Ellen Brown 10:00am – 11:30am</p> <p>Rose Vouchers Collection Ellen Brown 9:30am – 12:00 noon</p> <p></p>	<p>Toddler Steps to Nursery 2 years – 3 years Ellen Brown 10:00am – 11:30am</p>	<p>Little Steps to Nursery 16 months – 2 years Ellen Brown 10:00am – 11:30am NO SESSION on 30th April NO SESSION on 7th May</p> <p>Starting Solids Workshop Henry Programme 10:00am – 12 noon Ellen Brown 1:30pm – 3:30pm 21st May 2026</p> <p></p> <p>To book or more details for Starting Solids Workshop and Fussy Eating Workshops please email below gst-tr.hvsupportanddevelopmentworker@nhs.net</p> <p>30th April 2026 – Closed Professional Network event.</p> <p>7th May 2026 Local Elections ALL CENTRES CLOSED</p>	<p>Little Explorers 12-18 months Ellen Brown 10:00am – 11:30am</p>	<p>25th April 2026 Healthy Minds Thrive Team Father's Workshop 0-12months Ellen Brown 'Bonding and Attachment' 10:00am – 12:00 noon</p> <p>2nd May 2026 Baby Boogie Mites 0-12 months Ellen Brown 10:00 – 10:45 am</p> <p>Toddler Boogie Mites 12 months + Ellen Brown 11:15am – 12:00 noon</p> <p>9th May 2026 Tiny Moments 0-12 months Ellen Brown 10:00am – 11:30am</p> <p>16th May 2026 Boogie Mites 0-12 months Ellen Brown 10:00 – 10:45 am</p> <p>Toddler Boogie Mites 12 months + 11:15am – 12:15 noon</p> <p>23rd May 2026 Tiny Moments 2 years + Ellen Brown 10:00am – 11:30am</p>

Pilgrims' Way

Monday	Tuesday	Wednesday	Thursday	Friday	
<p>Boogie Mites 12 months + Pilgrims' Way 10:30am – 11:15am</p> <p>Parent Advice and Support 0-19 years Pilgrims' Way 9:00am – 12:00 noon</p> <p>Email to book an appointment familyhub@pilgrimsway.southwark.sch.uk or call 0207 358 2878</p> <p>Staff Training 13th April 2026 NO SERVICES</p> <p>Bank Holiday – closed 4th May 2026 25th May 2026</p>		<p>Parent Advice and Support 0-19 years Pilgrims' Way 9:00am – 11:00am</p> <p>Email to book an appointment familyhub@pilgrimsway.southwark.sch.uk or call 0207 358 2878</p> <p>Early Words Together 5-week workshop 2-3 years</p> <p>Please email to book a place for June 2026 familyhub@pilgrimsway.southwark.sch.uk</p>	<p>Stay & Play 12 months + Pilgrims' Way 10:00am – 11:30am</p> <p>7th May 2026 Local Elections ALL CENTRES CLOSED</p>	<p>Rose Vouchers Collection Pilgrims' Way 9:30am – 12:00 noon</p> <p></p> <p>Coffee Morning Come and meet the team 9:30am – 12:00 noon Pilgrims' Way</p>	

If you have any concerns or would like advice on your child's development, appointments to speak with a SEND practitioner can be arranged by speaking with any member of staff or email familyhub@pilgrimsway.southwark.sch.uk or call 0207 358 2878



We would like to keep EVERYONE safe and healthy, and some groups have a limited number of families permitted in our centres.

We kindly ask everyone **NOT** to use their mobile phones whilst in our sessions. This is for safeguarding purposes, and it is an opportunity to spend quality time with your child/ren.

South Bermondsey Children and Family Hub

Tenda Road, London, SE16 3PN

Ellen Brown Children and Family Centre

145 Grange Road (Spa Park) SE1 3EU

Pilgrims' Way Children and Family Centre

Tustin Estate, Manor Grove, SE15 1EF

Rotherhithe Children and Family Centre

Southwark Park (Hawkstone Road entrance) SE16 2PF

Telephone: 0207 358 2878

familyhub@pilgrimsway.southwark.sch.uk

Please visit our website for further information

br-cc.org.uk



Free Vitamin D

Pregnant women, new mums, and children under four in the borough can get free vitamin D supplements.



FAMILY HUBS



Dolly Parton Imagination Library

If you live in Southwark and have a child under 5, you can register to receive a FREE book every month until their 5th birthday. Sign up and make bedtime fun. Check your eligibility and sign up on the Dolly Parton Website.

<https://imaginationlibrary.com/check-availability/>



50 Things To Do Before Five!

Download the app or visit the website for free fun activities to do with your child and have fun, play, and learn.

Website: <https://50thingstodo.org/>

SOUTHWARK START FOR LIFE offer includes help with:



- Feeding your baby ✓
 - Making friends and connections ✓
 - Mental health & wellbeing ✓
 - Building relationships with your baby ✓
 - Support for children special needs & disabilities ✓
 - Early education at home ✓
 - Everyday parenting challenges ✓
 - Accessing information, advice, and your free childcare offer ✓
- <https://services.southwark.gov.uk/>

All sessions are free of charge. For more information about our sessions and services please contact familyhub@pilgrimsway.southwark.sch.uk 0207 358 2878 South Bermondsey Best Start Hub, Tenda Road, London, SE16 3PN