PSHE – Celebrating Difference EYFS

Jigsaw PSHE ensures that learning from previous years is revisited and extended, adding new concepts, knowledge and skills, year on year as appropriate. The table below draws out the spiral knowledge and skills progression within the Celebrating Differences Puzzle (unit of work) including the key vocabulary used in each year group and suggestions for Family Learning.

Knowledge



- What being unique means.
- The names of some emotions.
- Why having friends is important.
- Some qualities of a positive friendship.
- That they don't have to be "the same as" someone to be a friend.
- What being proud means, and that people can be proud of different things.
- That people can be good at different things.
- Families can be different.
- People have different homes and why they are important to them.
- Ways of making friends.

Social and Emotional Skills

- Recognise emotions when they or someone else is upset, frightened or angry.
- Identify and use skills to make a friend.
- Identify some ways they can be different and the same as others.
- Identify and use skills to stand up for themselves.
- Identify feelings associated with being proud.
- Identify things they are good at.
- Be able to vocalise success for themselves and about others successes.
- Recognise similarities and differences between their family and other families.



Questions for Family Learning



- Can you say how you are different from a friend?
- Can you say how you are the same as a friend?
- What makes a family?
- What makes you proud?
- What are you good at doing?
- Are all families the same?
- What can you do to make a friend?
- How can you tell when someone is feeling sad, angry or upset?
- If someone is making you feel sad or upset what can you do about it?
- Shall we share a Calm Me time?

In this Puzzle (unit), children are encouraged to think about things that they are good at whilst understanding that everyone is good at different things.

They discuss being different and how that makes everyone special but also recognise that we are the same in many ways. The children share their experiences of their homes and are asked to explain why it is special to them. They learn about friendship and how to be a kind friend and how to stand up for themselves if someone says or does something unkind to them.

Key Vocabulary

Differences, different, friendship, frightened, family, friends, happy, home, kind, proud, sad, similar, similarities, special unique u

