PSHE – Celebrating Difference Year 1

Jigsaw PSHE ensures that learning from previous years is revisited and extended, adding new concepts, knowledge and skills, year on year as appropriate. The table below draws out the spiral knowledge and skills progression within the Celebrating Differences Puzzle (unit of work) including the key vocabulary used in each year group and suggestions for Family Learning.

Knowledge

- I can identify similarities between people.
- I can identify differences between people.
- I can tell you what bullying is.
- I know some people who I could talk to if I was feeling unhappy or being bullied.
- I know how to make new friends.
- I can tell you some ways I am different from my friends.



Key Vocabulary

Bully, bullied, bullying, behaviour, celebration, courtesy, courage, deliberate, difference, different from, harmful, inclusive, included, lonely, manners, on purpose
safe, same as, similarity, similar, special, support, unique, unfair.

Social and Emotional Skills



- I can tell you some ways in which I am the same as my friends.
- I can tell you some ways I am different from my friends.
- I understand how being bullied might feel.
- I can be kind to children who are bullied.
- I know how it feels to make a new friend.
- I understand these differences make us all special and unique.

Questions for Family Learning



- Can you say how you are different from a friend?
- Can you say how you are the same as a friend?
- What can you do to make a friend?
- How can you tell when someone is feeling sad, angry or upset?
- If someone is making you feel sad or upset what can you do about it?
- Can you show me how to do Calm Me time?

In this Puzzle, children explore how people can be similar and different, reflecting on their own similarities and differences while learning to include others, use kind words and recognise what makes them special. They develop an understanding of what bullying is, how it can make people feel, and who they can talk to if they need help.

Across the six Pieces, children practise making new friends, giving and receiving compliments, and showing courage by supporting others. They reflect on how differences should be respected and celebrated.
By the end of the Puzzle, children will have created gingerbread people to contribute to a shared Hall of Fame display, recognising that everyone is unique and valued.