PSHE – Celebrating Difference Year 3

Jigsaw PSHE ensures that learning from previous years is revisited and extended, adding new concepts, knowledge and skills, year on year as appropriate. The table below draws out the spiral knowledge and skills progression within the Celebrating Differences Puzzle (unit of work) including the key vocabulary used in each year group and suggestions for Family Learning.

Knowledge

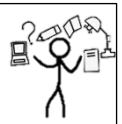


- I understand that everybody's family is different a important to them.
- I understand that differences and conflicts sometimes happen among family members.
- I know what it means to be a witness to bullying
- I know that witnesses can make the situation better or worse by what they do.
- I recognise that some words are used in hurtful ways.
- I can tell you about a time when my words affected someone's feelings and what the consequences were.

Key Vocabulary

Banter, bullying, bystander, caring, compliment, conflict, connected, consequences, difference, discrimination, family, feelings, gay, hurtful, include, incident, isolate, kindness, lonely, love, loving, protection, resolve, rights, safe, security, self-regulation, similarity, solve it together, special, stability stereotype, support, tell, unique, unkind, witness.

Social and Emotional Skills



- I appreciate my family/the people who care for me.
- I know how to calm myself down and can use the 'Solve it together' technique.
- I know some ways of helping to make someone who is bullied feel better.
- I can problem-solve a bullying situation with others.
- I try hard not to use hurtful words (e.g., gay, fat).
- I can give and receive compliments and know how this feels.

Questions for Family Learning



- What is the 'Solve it together' technique? How can it help solve disagreement between two people?
- What is a bystander in a bullying situation? (A bystander is a witness not directly involved).
- How could a bystander make a bullying situation worse or better?
- What types of bullying do you know about?
- Where can someone get help if they were being bullied or witnessed bullying?
- How does it feel to give and receive a compliment?
- Can you explain how Calm Me time makes you feel?

In this Puzzle, children explore different types of families and why they are important, learning how to manage disagreements calmly and solve problems together. They develop an understanding of what it means to be a witness to bullying and how their actions and words may help or harm others.

Across the six Pieces, children practise using kind language, challenging stereotypes, and offering support to those who feel excluded. They learn how to give and receive compliments and reflect on how the words we choose affect feelings. By the end of the Puzzle, children create a shared Hall of Fame display using kite templates, celebrating difference and positive relationships.