PSHE – Celebrating Difference Year 4

Jigsaw PSHE ensures that learning from previous years is revisited and extended, adding new concepts, knowledge and skills, year on year as appropriate. The table below draws out the spiral knowledge and skills progression within the Celebrating Differences Puzzle (unit of work) including the key vocabulary used in each year group and suggestions for Family Learning.

Knowledge



- I understand that, sometimes, we make assumptions based on what people look like.
- I understand what influences me to make assumptions based on how people look.
- I know that sometimes bullying is hard to spot and I know what to do if I think it is going on but I'm not sure.
- I can tell you why witnesses sometimes join in with bullying and sometimes don't tell.
- I can identify what is special about me and value the ways in which I am unique.
- I can tell you a time when my first impression of someone changed when I got to know them.

Social and Emotional Skills



- I try to accept people for who they are.
- I can question why I think what I do about other people.
- I know how it might feel to be a witness to and a target of bullying.
- I can problem-solve a bullying situation with others
- I like and respect the unique features of my physical appearance.
- I can explain why it is good to accept people for who they are.

Key Vocabulary

Accept, appearance, assumption, bully, bullying, bystander, changed, character, characteristics, courtesy, deliberate, different, empathy, friend, hurtful, impression, influence, judgement, kindness, manners, on purpose, physical features, problem solve, protected, characteristics, respect, secret, special, surprised, troll, unique, witness

Questions for Family Learning



- What is an assumption? Are assumptions always right?
- What can influence us to make an unfair judgement about someone else?
- Is social media always helpful?
- What's good/bad about social media?
- What is a stereotype? What stereotypes do you see on social media, in the movies or on TV?
- Are stereotypes fair?
- Do you know any rules for staying safe with technology?
- What could you do if you were worried about something online or in social media e.g. cyber- bullying?
- Does your Jigsaw friend help you learn?

In this Puzzle, children explore how first impressions and appearance can influence assumptions, learning to accept others for who they are and question their own judgements. They develop a deeper understanding of bullying, including the roles of bystanders and witnesses, and practice how to seek help and solve problems safely. Protected characteristics are introduced including age, disability, race and sex. Across the six Pieces, children reflect on what makes them special and unique, learn to value physical differences, and practice kindness, respect and empathy. They explore how opinions can change when people get to know one another.